

# LOOKING FOR A FALL AFTER-SCHOOL ACTIVITY?

## GRADES 3RD-5TH

Team A: Mon/Wed, 3-4pm  
Team B: Mon/Wed, 5-6pm  
Team C: Tue/Thur, 3-4pm  
Team D: Tue/Thur, 5-6pm

Our research-based program has gone virtual! Girls on the Run is an empowering program designed to build confidence and get girls up and moving while making friends and having fun!



Registration for our special, virtual Fall 2020 Season is open!

We have four Girls on the Run teams for girls in 3rd-5th grades. Teams are open to all girls in Snohomish County.

Our fun, research-based programs have been adapted for virtual lessons where girls and coaches connect, build confidence, get active and have fun!

Our 8-week season runs Oct. 12- Dec. 5. Teams meet online with trained coaches twice each week for 60 minutes and finish the season with our Celebration 5K on Dec. 5th. The Edmonds School

District does not sponsor or endorse the activities and/or information contained in this flier.

Space is limited, so register now to reserve a spot for your girl!

To register, visit [www.GirlsontheRunSnoCo.org](http://www.GirlsontheRunSnoCo.org)