

National Alliance on Mental Illness Presents...

Youth Suicide Prevention Workshop

Each week in Washington State, an average of two young people die by suicide and another 17 suicide attempts result in hospitalization. While these facts are disturbing, **there is hope.** By educating ourselves and others, we can make a difference.

Cindy Gonzalez, MSW, of Seattle's Youth Suicide Prevention Program, will present Networks for Life, a training to build strong community prevention. She has worked with at-risk youth, the LGBTQ community, immigrant communities and people experiencing domestic violence and is a bilingual trainer.

This workshop is intended for an adult audience, and is free and open to the public. No registration required. To learn more, visit verdanthealth.org/events or call (425) 582-8600.




This **free** presentation takes place on **Thursday, April 21, 2016** from **7-8:30 p.m.** at the **Verdant Community Wellness Center**, 4710 196th Street SW in Lynnwood, WA.



verdanthealth.org/events

The Edmonds School District does not sponsor or endorse the activity and/or information contained in this material.

STAYWell 

GETActive 

EATBetter 

STRESSLess 