

Quarterly Dance Classes

Quarterly Kids Classes

*Participants must be of age by class start date.

Parent & Tot Creative Dance (18 mo-3 yrs) In this fun class, caregivers and toddlers investigate the elements of dance in a playful environment. Music and singing, rhythm instruments, scarves and other props enhance this lively experience. Children register and bring an adult to dance with.

31608 **Sat 9:30-10:00am** 9/19-10/24 R\$39 N\$45
 31610 **T 9:00-9:30am** 10/27-12/15 R\$52 N\$60
 31611 **Sat 9:30-10:00am** 10/31-12/19 R\$46 N\$53



Creative Dance (3-5 yrs) Boys & girls dance and play with scarves, instruments, and other props. Students develop strength, coordination and flexibility, while experiencing the joy of dancing. Children will be encouraged to work as a team and individually. Join us for an informal showing on the last day of the session.
 31612 **T 12:45 - 1:30pm** 10/27-12/15 R\$66 N\$74

Creative Pre-Ballet (4-6 yrs) Boys & girls learn basic ballet positions and preparatory steps in an enjoyable manner. Ballet terminology is used in creative explorations. Musicality and classroom etiquette are emphasized in a friendly encouraging environment. Join us for an informal showing on the last day of the session.
 31613 **T 1:30-2:15pm** 10/27-12/15 R\$66 N\$74

Quarterly Adult/Teen Classes

*Drop-in available after minimum registration is met.

East Coast Swing Swing Dance will put a smile on your face and melt away your stress. Upbeat syncopated steps are fun to learn and easy to adapt. Our charismatic and excellent instructor, Maria Kesovija, will teach you the basic triple rhythm style adding turns and tricks as you progress. No partner is necessary. Everyone is welcome!

31614 **W 7:40-8:40pm** 9/16-10/21 R\$57 N\$63
 31615 **W 7:40-8:40pm** 10/28-12/16 R\$67 N\$74

Ballet I/II Focuses on basic ballet vocabulary and correct alignment. Barre work, adagio, and petit and grand allegro build strength and grace in a non-competitive environment. For beginners and dancers with experience.

31616 **T 7:30-8:45pm** 9/15-10/20 R\$71 N\$79
 31617 **T 7:30-8:45pm** 10/27-12/15 R\$95 N\$105

Tap I/II This fun and inspiring dance form is great for balance, agility, musicality and provides a great opportunity for self-expression as you work your way through articulations of the feet and progressions across the floor. For beginners and dancers with experience.

31618 **Th 6:15-7:15pm** 9/17-10/22 R\$57 N\$63
 31619 **Th 6:15-7:15pm** 10/29-12/17 R\$67 N\$74

Hawaiian Hula Experience the enchantment of Hawaii through traditional island dancing. Participants will learn traditional girl's and women's footwork and hand motions. Together, these fluid movements follow the rhythm of the music and express the lyrics of the song. Drop-in available after minimum registration has been filled.

Beginning

This class is for newcomers with little or no experience.

31622 **W 7:30-8:30pm** 9/16-10/21 R\$57 N\$63
 31623 **W 7:40-8:40pm** 10/28-12/16 R\$67 N\$74

Intermediate

For returning students with at least 1 year of experience.

31624 **M 6:45-7:45pm** 9/14-10/19 R\$57 N\$63
 31625 **M 6:45-7:45pm** 10/26-12/14 R\$76 N\$84

Advanced

This class is by teacher placement. Please take the Beginning or Intermediate class first for evaluation.

31626 **M 7:45-8:45pm** 9/14-10/19 R\$57 N\$63
 31627 **M 7:45-8:45pm** 10/26-12/14 R\$76 N\$84

The Edmonds School District does not sponsor or endorse the activity and/or information contained in this material.

Dress Code

Creative Dance

Boys: Close fitting sportswear and barefoot.

Girls: Any color leotard and footless tights or leggings, barefoot, hair in a ponytail secured off the face.

Creative Pre-Ballet & Ballet I-V

Boys: Plain t-shirt, black leggings, black leather ballet shoes.

Girls: Black leotard, pink tights, and pink leather ballet shoes. Hair in a ponytail or bun. **Level I-IV bun only.**

Tap and Ballet

Boys: Plain t-shirt, black leggings, black leather ballet shoes and black tap shoes.

Girls: Black leotard, pink tights, and pink leather ballet shoes and black tap shoes. Hair in a ponytail or bun.

* Tap shoe fasteners are for sale at the front desk. They greatly shorten the shoe changing time.

Tap

Boys & Girls: Plain t-shirt, black jazz pants and black tap shoes. Hair in a ponytail, secured off the face.

Jazz & Funky Kids

Boys: Plain t-shirt, black jazz pants, and black jazz shoes.

Girls: Leotard, black jazz pants, and black jazz shoes. Hair in a ponytail or bun.

Hip Hop

Boys & Girls: Dance sportswear and clean-soled dance sneakers. NO JEANS or STREET SHOES. Hair in a ponytail secured off the face.

Funky Kids: see jazz dress code

Irish Step Dance

Dance sportswear and black ghillies or ballet slippers. Hair in a ponytail, secured off the face.

Hawaiian Hula Dance clothing and bare feet. Hair in a ponytail secured off the face.

We do not allow shoes that have been worn outside into our dance studios. Please take off your shoes & go barefoot or change into your appropriate dance studio shoes before going into class.

MLT Dance Programs Fall 2015



Our excellent instructors provide a structured approach to dance, with an emphasis on technique, healthy alignment, creativity, and building self esteem.

For student placement call
 Dance Program Director
 Chloe E Davenport
 Tel: 425-640-3107



Mountlake Terrace Recreation Pavilion

5303 228th Street SW
 Mountlake Terrace 98043
 www.mltrec.com 425-776-9173

MLT Dance Academy

School-Year Classes

First Semester: Sept. 14th - Jan. 30th



Students may register by semester or for the full year. Full year registration receives a discount. Both semesters have performance opportunities!

*Participants must be of age by Sept. 15th, 2015.

Creative Dance

Creative Dance (3.5-5 yrs) Boys & girls dance and play with scarves, instruments, and other props. Kids develop strength, coordination and flexibility, while experiencing the joy of dancing. Children will be encouraged to work as a team and individually.

31628 **M 4:30-5:15pm** 9/14-1/25 R\$191 N\$208
 31655 **M 4:30-5:15pm** 9/14-6/13 R\$336 N\$370
 31629 **Sat 10:15-11am** 9/19-1/30 R\$191 N\$208
 31656 **Sat 10:15-11am** 9/19-6/18 R\$336 N\$370

Creative Pre-Ballet (5-7 yrs) Boys & girls learn basic ballet positions and preparatory steps in an enjoyable manner. Ballet terminology is incorporated into creative explorations. Musicality and classroom etiquette are emphasized in a friendly, encouraging environment.

31630 **W 5:30-6:30pm** 9/16-1/27 R\$212 N\$229
 31657 **W 5:30-6:30pm** 9/16-6/15 R\$397 N\$433
 31631 **Sat 11am-12pm** 9/19-1/30 R\$212 N\$229
 31658 **Sat 11am-12pm** 9/19-6/18 R\$378 N\$412

Irish Step

Irish Step Dance Boys & girls will be instructed in the correct technique, carriage, steps and timing of Irish Step dancing while sharing the joy of dance and fostering a love for this beautiful art form.

Irish Step I/II (7-12 yrs)

31653 **Sat 10:00-11:00am** 9/19-1/30 R\$212 N\$229
 31674 **Sat 10:00-11:00am** 9/19-6/18 R\$378 N\$412

Teen Irish Step (13+)

31654 **Sat 10:00-11:00am** 9/19-1/30 R\$212 N\$229
 31675 **Sat 10:00-11:00am** 9/19-6/18 R\$378 N\$412

Tap & Jazz Dance

Tap & Ballet Boys & Girls are introduced to the preliminary steps of ballet and the fundamentals of rhythm through tap techniques. Creative games and fun songs are a great way to introduce the joy of dancing to the inquisitive beginner.

Ages 4-6

31643 **W 4:30-5:20pm** 9/16-1/27 R\$212 N\$229
 31640 **W 4:30-5:20pm** 9/16-6/15 R\$397 N\$433

Ages 5-7

31642 **M 5:15-6:05pm** 9/14-1/25 R\$212 N\$229
 31639 **M 5:15-6:05pm** 9/14-6/13 R\$378 N\$412

Tap I/II (8-13 yrs) Whether you build on what you know or start from the beginning, tap will make you smile. Fundamental tap vocabulary, coordination, musicality and fun opportunities for self-expression through routines are what this class is about.

31644 **M 6:15-7:15pm** 9/14-1/25 R\$212 N\$229
 31641 **M 6:15-7:15pm** 9/14-6/13 R\$378 N\$412

Pre-Teen Tap/Jazz (9-12 yrs)

This class is great for kids who are interested in Musical Theater productions. Class will introduce both Jazz and Tap dance techniques, starting with the basics and integrate dramatic and creative exercises.

31645 **T 4:45-6:00pm** 9/15-1/26 R\$265 N\$288
 31666 **T 4:45-6:00pm** 9/15-6/14 R\$496 N\$543

Jazz V (13-18 yrs) 2xs per week

Class includes jazz technique: warm up, body isolations, progressions across the floor, and fun and rhythmic combinations. Build strength and coordination, while dancing to a variety of music. **T 6:00-7:15pm & Th 7:00pm-8:15pm**
 31646 9/15-1/28 R\$447 N\$489
 31667 9/15-6/16 R\$843 N\$926

New!!

Ballet

Ballet I (6-9 yrs) This class is for new and returning students. Boys & girls will work at the barre and learn progressions across the floor, while continuing their explorations in creative dance curriculum.

31632 **W 6:30-7:30pm** 9/16-1/27 R\$212 N\$229
 31659 **W 6:30-7:30pm** 9/16-6/15 R\$397 N\$433
 31633 **Sat 12:00-1:00pm** 9/19-1/30 R\$212 N\$229
 31660 **Sat 12:00-1:00pm** 9/19-6/18 R\$378 N\$412

Ballet II-IV (Ages 8+)

Build strength, flexibility and grace in a non-competitive, encouraging environment. Traditional classes focus on ballet vocabulary, correct alignment, and finding personal expression within the form. Barre-work, center exercises, and movement across the floor will be included in an appropriate way for each level. *Students may be placed in a different level after evaluation in the first week of classes.*



Ballet II (8-11yrs) 2x per week

M 5:15-6:30pm & W 4:30-5:45pm
 31634 9/14-1/27 R\$436 N\$476
 31661 9/14-6/15 R\$810 N\$889

Ballet III (9-13yrs) 2x per week

M 5:15-6:30pm & W 5:45-7:15pm
 31635 9/14-1/27 R\$475 N\$518
 31662 9/14-6/15 R\$889 N\$975

Ballet IV (10-15yrs) 3x per week

M, T, Th 4:30-6:00pm
 31636 9/14-1/28 R\$702 N\$769
 31663 9/14-6/16 R\$1349 N\$1483

Ballet V (12-19yrs) 3x per week

M 6:00-7:00pm & T, Th 4:30-6:00pm
 31637 9/14-1/28 R\$702 N\$769
 31664 9/14-6/16 R\$1349 N\$1483

Pre-Pointe/Pointe (11-19 yrs)

(in addition to ballet 2x per wk or more)
 31638 **Th 6:10-6:55pm** 9/17-1/27 R\$160 N\$171
 31638 **Th 6:10-6:55pm** 9/17-6/16 R\$285 N\$309

Hip Hop

Funky Kids Hip Hop/ Jazz This fun class is for Kindergarteners and 1st graders who want to get funky! Hip Hop and Jazz techniques will be introduced through imaginative exercises that keep creativity at the forefront. *Please wear jazz dress code.*

Ages 5-7

31648 **T 4:30-5:30pm** 9/15-1/26 R\$222 N\$140
 31669 **T 4:30-5:30pm** 9/15-6/14 R\$407 N\$444

Ages 6-8

31649 **Th 4:45-5:45pm** 9/17-1/28 R\$212 N\$229
 31670 **Th 4:45-5:45pm** 9/17-6/16 R\$397 N\$433

Hip-Hop This is an exhilarating and fun class to get you moving with the latest grooves. Enjoy a funky beat while learning to isolate your body in rhythmic ways. Classes include a lively warm up that prepares you to perform the routines, progressions and freestyle across the floor, and combinations set to age-appropriate music. *Students may be placed in a different level after evaluation in the first week of class.*

Hip Hop I (7-10 yrs)

31650 **T 5:30-6:30pm** 9/15-1/26 R\$222 N\$240
 31671 **T 5:30-6:30pm** 9/15-6/14 R\$407 N\$444

Hip Hop II (9-13 yrs)

31651 **T 6:30-7:30pm** 9/15-1/26 R\$222 N\$240
 31672 **T 6:30-7:30pm** 9/15-6/14 R\$407 N\$444

Teen Hip Hop (13-19 yrs)

31652 **Th 5:45-6:45pm** 9/17-1/28 R\$212 N\$229
 31673 **Th 5:45-6:45pm** 9/17-6/16 R\$397 N\$433



For more information, please contact
 Chloe Davenport at (425) 640-3107