



Tuesdays and Thursdays

3-4 p.m. Teens  
4-5 p.m. Children  
5-6 p.m. Adults



\$8 per class for residents, \$9 for non-residents

Register in person at the  
**Mountlake Terrace Recreation Pavilion**

by phone at  
**(425) 776-9173**

Or online at [www.mltrec.com](http://www.mltrec.com)

For more information, please visit

[www.mltkiaikido.com](http://www.mltkiaikido.com)

or call 303.709.7978

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*Japanese Martial Arts  
for fitness of mind  
and body*

**MOUNTLAKE TERRACE**

**KI AIKIDO**

**Mountlake Terrace Recreation Pavilion**  
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