

MOUNTLAKE TERRACE RECREATION & PARKS



YOUTH SPORTS SKILL-BASED PROGRAMS

Skyhawks Sports Academy provides sport programs where children discover and develop athletic skills and social values, such as teamwork, respect and sportsmanship. We offer children a positive sports experience while promoting a healthy, active lifestyle.

SUMMER 2016

(course) (dates) (days) (time) (ages) (res/non-res fee) (location)

BASEBALL CAMP

33132	6/27 - 7/01	M-F	9:00 a.m. - 3:00 p.m.	6-12	\$155/168.00	Evergreen Playfield Complex Ball Field #3
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Boys and girls learn the fundamentals of fielding, catching, throwing, hitting and base running in a fun, positive environment. Athletes learn new baseball skills along with vital life lessons such as respect, teamwork and responsibility.

BASKETBALL CAMP

33133	8/08 - 8/12	M-F	1:00 p.m. - 4:00 p.m.	6-12	\$135/144.00	Terrace Park School
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This fun, skill-intensive program is designed for beginning to intermediate athletes. An active week of passing, shooting, dribbling and rebounding makes this one of our most popular programs. Boys and girls will also learn vital life lessons such as respect, teamwork and responsibility.

BEGINNING GOLF CAMP

33134	7/18 - 7/22	M-F	9:00 a.m. - 12:00 p.m.	5-8	\$135/144.00	Evergreen Playfield Complex Ball Field #5
33135	7/18 - 7/22	M-F	1:00 p.m. - 4:00 p.m.	5-11	\$135/144.00	Evergreen Playfield Complex Ball Field #5

Boys and girls will learn the fundamentals of swinging, putting and body positioning. Using the SNAG® (Starting New At Golf) system, we have simplified instruction so that young players can make an effective transition onto the golf course. All equipment provided.

FLAG FOOTBALL CAMP

33136	7/05 - 7/08	Tu,W,Th,F	9:00 a.m. - 3:00 p.m.	6-12	\$125/136.00	Evergreen Playfield Complex Ball Field #5
33162	8/15 - 8/19	M-F	9:00 a.m. - 3:00 p.m.	6-12	\$155/168.00	Evergreen Playfield Complex Ball Field #4

Boys and girls learn skills on both sides of the football including the core components of passing, catching and defense - all in a fun and positive environment.

SPACE IS LIMITED!
REGISTER TODAY »

ONLINE:
www.skyhawks.com
www.mltrec.com

PHONE:
800.804.3509
425.776.9173

The Edmonds School District does not sponsor or endorse the activity and/or information contained in this material.

(course) (dates) (days) (time) (ages) (res/non-res fee) (location)

MINI-HAWK® CAMP (BASEBALL, BASKETBALL & SOCCER)

33138	6/27 - 7/01	M-F	9:00 a.m. - 12:00 p.m.	4-7	\$135/144.00	Evergreen Playfield Complex Ball Field #4
33139	8/08 - 8/12	M-F	9:00 a.m. - 12:00 p.m.	4-7	\$135/144.00	Evergreen Playfield Complex Ball Field #3

The essentials of soccer and basketball are introduced in a fun and safe environment with lots of encouragement. Children will learn balance, body movement, hand/eye coordination, and skill development through a series of sport-specific games tailored to their attention spans.

MULTI-SPORT CAMP (BASEBALL, FLAG FOOTBALL & SOCCER)

33134	7/18 - 7/22	M-F	9:00 a.m. - 3:00 p.m.	6-12	\$155/168.00	Evergreen Playfield Complex Ball Field #4
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Our multi-sport camp is designed to introduce young athletes to a variety of different sports in one setting. Athletes will learn the rules and essentials of each sport through skill-based games and scrimmages. By the end of the week, your child will walk away with knowledge of multiple sports along with vital life lessons such as respect, teamwork, and self-discipline.

SOCCER CAMP

32599	4/04 - 4/08	M-F	9:00 a.m. - 3:00 p.m.	6-12	\$155/168.00	Evergreen Playfield, Field #6
33163	7/25 - 7/29	M-F	9:00 a.m. - 3:00 p.m.	6-12	\$155/168.00	Evergreen Playfield Complex Ball Field #5

Skyhawks is the nation's #1 camp for learning the fundamentals of soccer. Using our progression curriculum, boys and girls will gain the technical skills & sport knowledge required for that next step into soccer.

Visit www.skyhawks.com or call 800.804.3509 for program details.

"This is our 2nd year and we would definitely do this program again and recommend it to friends!! It was once again a great experience!!!"

- Amy F.

"This was an EXCELLENT experience for my son. The coaches were serious but fun and encouraging. I think it has set my son up for the LOVE of a sport for a lifetime. Thank you!"

- Joyce F.

"I was very impressed! My boys tire easily of the same activity – they were never bored with this camp. They loved it. The coaches gave great feedback – made me feel my kids were looked after and not just one of the many. We're hooked on Skyhawks!"

- Elizabeth H.

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