



Skyhawks Sports Academy

MOUNTLAKE TERRACE RECREATION & PARK

SUMMER 2015 SKILL-BASED YOUTH SPORT PROGRAMS

(course) (dates) (days) (time) (ages) (res/non-res fee) (location)

BASEBALL CAMP

30358	7/06 - 7/10	M-F	9:00 a.m. - 3:00 p.m.	6-12	\$155/168.00*	Evergreen Playfield Complex Ball Field #3
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Boys and girls learn the fundamentals of fielding, catching, throwing, hitting and base running in a fun, positive environment. Athletes learn new baseball skills along with vital life lessons such as respect, teamwork and responsibility.

**Non-resident fee applicable to all customers not a resident of Mountlake Terrace*

BASKETBALL CAMP

30359	8/10 - 8/14	M-F	1:00 p.m. - 4:00 p.m.	6-12	\$135/146.00*	Terrace Park School
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This fun, skill-intensive program is designed for beginning to intermediate athletes. An active week of passing, shooting, dribbling and rebounding makes this one of our most popular programs. Boys and girls will also learn vital life lessons such as respect, teamwork and responsibility.

**Non-resident fee applicable to all customers not a resident of Mountlake Terrace*

BEGINNING GOLF WITH SNAG CAMP

30360	7/20 - 7/24	M-F	9:00 a.m. - 12:00 p.m.	5-8	\$135/146.00*	Evergreen Playfield Complex Ball Field #5
30477	7/20 - 7/24	M-F	1:00 p.m. - 4:00 p.m.	9-11	\$135/146.00*	Evergreen Playfield Complex Ball Field #5

Boys and girls will learn the fundamentals of swinging, putting and body positioning. Using the SNAG® (Starting New At Golf) system, we have simplified instruction so that young players can make an effective transition onto the golf course. All equipment provided.

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FLAG FOOTBALL CAMP

30361	8/17 - 8/21	M-F	9:00 a.m. - 3:00 p.m.	6-12	\$155/168.00*	Evergreen Playfield Complex Ball Field #4
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Boys and girls learn skills on both sides of the football including the core components of passing, catching and defense - all in a fun and positive environment.

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"This was an EXCELLENT experience for my son. The coaches were serious but fun and encouraging. I think it has set my son up for the LOVE of a sport for a lifetime. Thank you!"

Joyce F.

**SPACE IS LIMITED!
REGISTER TODAY**

www.skyhawks.com

800.804.3509



Mountlake Terrace Recreation & Park

Register Online at:

www.mltrec.com or 425.776.9173

The Edmonds School District does not sponsor or endorse the activity and/or information contained in this material.

(course) (dates) (days) (time) (ages) (res/non-res fee) (location)

LACROSSE CAMP

30362	7/13 - 7/17	M-F	9:00 a.m. - 12:00 p.m.	7-12	\$135/146.00*	Evergreen Playfield Complex Ball Field #3
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Lacrosse combines basic skills used in soccer, basketball and hockey into one fast-paced game. Boys and girls will learn the fundamentals of stick handling, cradling, passing and shooting in a fun, non-checking environment.

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MINI-HAWK CAMP (BASEBALL, BASKETBALL, SOCCER)

30363	7/06 - 7/10	M-F	9:00 a.m. - 12:00 p.m.	4-7	\$135/146.00*	Evergreen Playfield Complex Ball Field #4
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30364	8/10 - 8/14	M-F	9:00 a.m. - 12:00 p.m.	4-7	\$135/146.00*	Evergreen Playfield Complex Ball Field #3
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Skyhawks multi-sport programs are tailored to your child's age and skill level while teaching life lessons such as respect and teamwork. Tiny-Hawk™ and Mini-Hawk® programs give children age 4-7 years a fun and positive first step into athletics.

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MULTI-SPORT CAMP (BASEBALL, FLAG FOOTBALL, SOCCER)

30365	7/20 - 7/24	M-F	9:00 a.m. - 3:00 p.m.	6-12	\$155/168.00*	Evergreen Playfield Complex Ball Field #4
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Skyhawks multi-sport programs are tailored to your child's age and skill level while teaching life lessons such as respect and teamwork. Boys and girls age 6-12 years will learn the rules and essential skills of each sport.

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