

# Boys & Girls Summer Basketball Camp

## Camp Information

### When

This year's summer basketball camp will be conducted on June 19<sup>th</sup> through 21<sup>st</sup>.

### Where

The camp will be at the Mountlake Terrace High School main gymnasium. The school is located at: 21801 44<sup>th</sup> Avenue W.

Mountlake Terrace, WA 98043

### Time

**June 19, 8:30-9:00** Registration and Dropoff

**June 19-21, 9:00 a.m.-12:30 p.m.** Camp

### Cost

Cost for each camper is \$55.00 - resident (\$60.00 - nonresident). Checks can be made payable to City of Mountlake Terrace. Please have your registration form, E-Card and payment to the Recreation Pavilion by Monday, **June 17<sup>th</sup>**. All other registrations processed on a space only basis onsite the first day of camp.

### Mail To:

Attention: Jeff Betz  
Recreation Pavilion  
5303 228th St. SW  
Mountlake Terrace, WA 98043

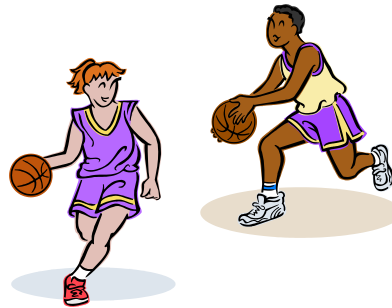
### What to Bring

Each camper will need to have appropriate basketball shoes, shorts and a T-shirt. The camp will provide all other equipment.

**Ages 7-15 years**

## Clinician/Coach

The staffs of the Mountlake Terrace High School's Boy's and Girl's basketball programs will be conducting this year's camp.



**Camp will provide  
a T-shirt  
and a water bottle!**

**It is mandatory to fill out  
a City of Mountlake Terrace  
e-card (emergency card)  
available at [www.mltrec.com](http://www.mltrec.com)**

**Camp fills to capacity -**

***Please register early!***

## Daily Schedule

Each day's camp will be broken down into the following segments.

- Fundamentals/Drills
- Ball Handling/Passing/Rebounding
- Shooting
- Defensive Drills
- Guard/Post Drills
- Scrimmages

These segments will be divided up in various age/competitive groups to guarantee the opportunity for enjoyment and improvement of each camper.

Throughout the camp, campers will get the opportunity to also learn about conditioning, nutrition, and hear from guest speakers. Other varsity coaches from MTHS will also speak to all campers.

There are also many daily prizes offered for the free throw, "Bump", and 3 pt. contests for each age group.

### For More Information:

Contact: Nalin Sood  
425-431-5022

[soodn@edmonds.wednet.edu](mailto:soodn@edmonds.wednet.edu)

Name of Camper: \_\_\_\_\_ Age: \_\_\_\_\_ Grade: \_\_\_\_\_

Home Address: \_\_\_\_\_

ASSUMPTION OF RISK/PERMISSION TO PARTICIPATE

As a parent or guardian of a student requesting to register for participation in the 2013 Mountlake Terrace High School Basketball Camp sponsored by the Edmonds School District, I hereby acknowledge that I have read, understood, and agree to the following:

1. I acknowledge that the sport of basketball entails many risks of injury, even when played in an instructional clinic environment. These risks of injury include, but are not limited to, death, serious neck and spinal injuries (which may result in complete or partial paralysis), brain damage, serious injury to virtually all internal organs, bones, joints, ligaments, muscles, tendons, and other aspects of the muscular skeletal system and serious injury or impairment to other aspects of the body, general health, and well-being.
2. I further certify that my child has no medical or physical conditions which could interfere with his/her safety in this activity, or else I am willing to assume and bear the costs of all risks that may be created, directly or indirectly, by any such condition.

\_\_\_\_\_  
(parent initial)

\_\_\_\_\_  
(parent initial)

MEDICAL INFORMATION

The following special health problems should be noted: \_\_\_\_\_  
In the event of an emergency, I wish the following person to be notified in case I cannot be contacted: \_\_\_\_\_

Name \_\_\_\_\_ Phone w/Area Code \_\_\_\_\_

MEDICAL RELEASE

In the event of an accident or illness, I understand that reasonable effort will be made to contact the parent/guardian immediately. However, if I am not available, I authorize the Edmonds School District to secure emergency medical care as needed.

Name of Preferred Doctor \_\_\_\_\_ Phone w/Area Code \_\_\_\_\_

MEDICAL INSURANCE

I understand that I am assuming financial responsibility for medical expenses that may arise from my child's participation and that the **Edmonds School District requires but does not provide medical insurance for my child.** I certify that my child has current medical coverage under the following plan:

Health Insurance Carrier: \_\_\_\_\_ Plan Number (required): \_\_\_\_\_  
**All participants are required to have medical or student accident insurance. Student accident insurance is available through your school. Contact your school's main office, head coach, or school athletic trainer for information.**

Although I understand that the Edmonds School District will make reasonable effort to provide a safe environment, I am fully aware of the special dangers and risks inherent in participating in this activity, including physical injury and/or death. Being fully aware of the risks, I hereby give permission for

\_\_\_\_\_ who attends \_\_\_\_\_ (Student) \_\_\_\_\_ (School)

to participate in the 2013 Mountlake Terrace High School Basketball Camp on June 19 - 21 for the purpose of learning the fundamental skills of basketball in order to enhance his/her skill level.

Parent/Guardian Name \_\_\_\_\_ Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_  
(please print)

Address \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

Please have your registration form, E-Card and payment to the Recreation Pavilion by Wednesday, **June 20th.**  
All other registrations processed on a space only basis onsite the first day of camp.

**2013**  
Edmonds School District,  
Mountlake Terrace High School,  
and City of Mountlake Terrace  
Recreation & Parks

15<sup>th</sup> Annual  
**Boys & Girls  
Summer  
Basketball  
Camp!**

Ages 7-15



*Learn the fundamentals of the game,  
plus conditioning, and nutrition from MLT  
High School boys and girls coaches.  
Campers will also hear from guest  
speakers, receive prizes,  
a basketball and T-Shirt - and have fun!*

**June 19 - 21, 2013**

**9:00 a.m. to 12:30 p.m.**