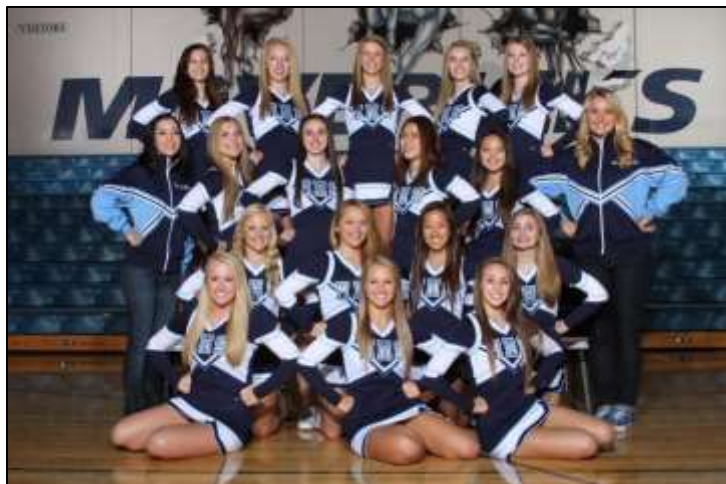


# Meadowdale Cheer Clinic



**Saturday, March 15<sup>th</sup>** 12:30pm-4:30pm at Meadowdale High School in the main gym

**For:** Boys and girls in grades Kindergarten – sixth grade  
Learn basic motions, jumps, and dance techniques from the *back to back State champion Maverick Cheerleaders!*

## **Early Registration \$35 and includes:**

The clinic, *a free t-shirt*, pom poms, a goodie bag, and a performance for friends and family at 4:30pm

## **Day of Registration \$45 and includes:**

The clinic, pom poms, a goodie bag, and a performance for friends and family at 4:30pm

Mail or bring in your completed registration and medical release forms to:  
Cheer clinic c/o Meadowdale High School, 6002 168<sup>th</sup> St SW, Lynnwood, WA 98037 (Make checks payable to Edmonds School District)

**Register by March 10<sup>th</sup> and SAVE!**

Questions? Contact Senior Captain McKenna Welch at (425) 563-8313

Or [mckennawelch22@gmail.com](mailto:mckennawelch22@gmail.com)

## Assumption of Risk/Permission to Participate

As a parent or guardian of a student requesting to register for participation in the **Meadowdale Cheer clinic**, I hereby acknowledge that I have read, understood, and agree to the following:

I acknowledge that **cheer** entails many risks of injury, even when played in an instructional clinic environment. These risks of injury include, but are not limited to, death, serious neck and spinal injuries (which may result in complete or partial paralysis), brain damage, serious injury to virtually all internal organs, bones, joints, ligaments, muscles, tendons, and other aspects of the muscular skeletal system and serious injury or impairment to other aspects of the body, general health, and well-being. \_\_\_\_\_ (Parent initial)

I further certify that my child has no medical or physical conditions which could interfere with his/her safety in this activity, or else I am willing to assume and bear the costs of all risks that may be created, directly or indirectly, by any such condition. \_\_\_\_\_(Parent initial)

### Medical Information

The following special health problems should be noted: \_\_\_\_\_

\_\_\_\_\_

In the event of an emergency, I wish the following person to be notified in case I cannot be contacted:

\_\_\_\_\_ Phone \_\_\_\_\_

### Medical Release

In the event of an accident or illness, I understand that reasonable effort will be made to contact the parent/guardian immediately. However, if I am not available, I authorize the Edmonds School District to secure emergency medical care as needed.

Name of Preferred Doctor \_\_\_\_\_ Phone \_\_\_\_\_

### Medical Insurance

I understand that I am assuming financial responsibility for medical expenses that may arise from my child's participation and that **the Edmonds School District requires but does not provide medical insurance for my child**. I certify that my child has current medical coverage under the following plan:

Health Insurance Carrier: \_\_\_\_\_ Plan Number (required): \_\_\_\_\_

**All participants are required to have medical or student accident insurance. Student accident insurance is available through your school. Contact your school's main office, head coach, or school athletic trainer for information.**

Although I understand that the Edmonds School District will make reasonable effort to provide a safe environment, I am fully aware of the special dangers and risks inherent in participating in this activity, including physical injury and/or death. Being fully aware of the risks, I hereby give

permission for \_\_\_\_\_ who attends \_\_\_\_\_ to

(Student)

(School)

participate in the **Meadowdale Cheer clinic on March 15th**, for the purpose of practicing fundamental **cheer** skills in order to enhance skill and performance level.

Parent/Guardian Name \_\_\_\_\_ Home Phone \_\_\_\_\_

(please print)

Address \_\_\_\_\_ Work Phone \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_