



MAVERICKS

Edmonds School District



VIKINGS

Meadowdale High and Meadowdale Middle Schools
Present



MEADOWDALE "SPEED" FOOTBALL CAMP



Tuesday June 10 - Wednesday June 11 - Thursday June 12 - 2:45-4:45

Instructors: Coaches from the Meadowdale high school and Meadowdale Middle schools programs as well as MHS varsity players.

Where: Meadowdale High School turf football field.

Cost: \$55.00

Make Checks payable to ESD.

Price includes an awesome (Meadowdale football t-shirt!)
(Scholarships available)

About the Camp: The camp will safely teach and emphasize the fundamentals of football. Special attention will be placed on proper blocking and position techniques. Athletes attending the camp will learn drills to improve strength, speed, and flexibility. Campers will learn the basic offensive and defensive schemes and philosophy of football. In addition, emphasis will be placed on the benefits of hard work, team unity and having fun while playing football. *(We also have several fun football competitions were campers can earn prizes as well as an ice cream feed at the end of the camp.)*

Camp Directors: Mike Don and Mike Kendrick

Any questions please call Mike Kendrick @ 425-431-4327

Email: kendrickm@edmonds.wednet.edu

Please fill out the following and make any check, payable to ESD.

Name: _____

Address: _____

Phone:(home) _____ (work) _____ (cell) _____

Grade entering 2014-2015: _____

Camp Tee shirt (adult sizes) M L XL 2XL (based on availability)



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Assumption of Risk/Permission to Participate

As a parent or guardian of a student requesting to register for participation in the 2014 Meadowdale Middle and High School Football Camp sponsored by the Edmonds School District, I hereby acknowledge that I have read, understood, and agree to the following:

- I acknowledge that football programs entail many risks of injury, even when played in an instructional clinic environment. These risks of injury include, but are not limited to, death, serious neck and spinal injuries (which may result in complete or partial paralysis), brain damage, serious injury to virtually all internal organs, bones, joints, ligaments, muscles, tendons, and other aspects of the muscular skeletal system and serious injury or impairment to other aspects of the body, general health, and well-being. _____
(Parent initial)
- I further certify that my child has no medical or physical conditions which could interfere with his/her safety in this activity, or else I am willing to assume and bear the costs of all risks that may be created, directly or indirectly, by any such condition. _____
(Parent initial)

Medical Information

The following special health problems should be noted: _____

In the event of an emergency, I wish the following person to be notified in case I cannot be contacted:

_____ Phone _____

Medical Release

In the event of an accident or illness, I understand that reasonable effort will be made to contact the parent/guardian immediately. However, if I am not available, I authorize the Edmonds School District to secure emergency medical care as needed.

Name of Preferred Doctor _____ Phone _____

Medical Insurance

I understand that I am assuming financial responsibility for medical expenses that may arise from my child's participation and that **the Edmonds School District requires but does not provide medical insurance for my child**. I certify that my child has current medical coverage under the following plan:

Health Insurance Carrier: _____ Plan Number (required): _____

All participants are required to have medical or student accident insurance. Student accident insurance is available through your school. Contact your school's main office, head coach, or school athletic trainer for information.

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Although I understand that the Edmonds School District will make reasonable effort to provide a safe environment, I am fully aware of the special dangers and risks inherent in participating in this activity, including physical injury and/or death. Being fully aware of the risks, I hereby give

permission for _____ who attends _____ to
(Student) (School)

participate in the 2014 Meadowdale Middle and High School Football Camp, June 10,11, and 12 for the purpose of learning fundamental football skills in order to enhance skill and performance level.

Parent/Guardian Name _____ Home Phone _____
(please print)

Address _____ Work or Cell Phone _____

Parent/Guardian Signature _____ Date _____