



Mountlake Terrace High School

KIDS CHEER CLINIC (K-8TH)

Clinic: Friday February 6th, 2015

5pm-7pm

MTHS HUB (downstairs)

Performance: Friday February 6th,

MTHS Boys Basketball vs. Meadowdale

Game 7:15-9:00pm (Performance will be during half time)

\$40.00 Cheer Clinic Package includes:

- ↻ Learn basic motion, jump and dance techniques from the MTHS Cheerleaders
- ↻ Perform a routine and crowd involvement cheer at an MTHS Basketball game
- ↻ Free admission for the cheer clinic participant to the 2/6/15 Basketball game
- ↻ MTHS Cheer Kids Clinic Bow and Poms (admission ticket to game)
- ↻ Picture with the MTHS Squad
- ↻ Pizza Dinner (if there are dietary restrictions, please send dinner with your child)

Don't let your child miss this wonderful opportunity to have fun and learn what it is like to be a real high school cheerleader! Go online or mail your completed registration and risk forms along with the \$40 before February 2nd!

PARTICIPANTS NAME: _____ GRADE (circle): K 1st 2nd 3rd 4th 5th 6th

SCHOOL: _____

PARENTS NAME(S): _____

CELL PHONE () _____

EMAIL ADDRESS: _____

PAY ONLINE! <http://bit.ly/1ykmD37>

OR SEND A **CHECK:** PLEASE MAKE PAYABLE TO EDMONDS SCHOOL DISTRICT #15

MAIL TO: Mountlake Terrace HS

c/o Jessica Bos

21801 44th Ave. W.

Mountlake Terrace, WA 98043

Enclosed \$ _____

CHECK #: _____

Questions? Contact Coach Jessica
bosj@edmonds.wednet.edu

Early Registration (by Monday February 2nd) - \$40
Late Registration or Day of - \$50



Assumption of Risk / Permission to Participate

As a parent or guardian of a student requesting to register for participation in the 2015 Mountlake Terrace High School Kids Cheer Clinic, I hereby acknowledge that I have read, understood, and agree to the following:

1. I acknowledge that the sport of cheerleading entails many risks of injury, even when played in an instructional clinic environment. These risks of injury include, but are not limited to, death, serious neck and sprain injuries (which may result in complete or partial paralysis), brain damage, serious injury to virtually all internal organs, bones, joints, ligaments, muscles, tendons, and other aspects of the muscular skeletal system and serious injury or impairment to other aspects of the body, general health, and well-being. _____ (parent initial)
2. I further certify that my child has no medical or physical conditions which could interfere with his/her safety in this activity, or else I am willing to assume and bear the costs of all risks that may be created, directly or indirectly, by and such condition. _____ (parent initial)

Medical Information

The following special health concerns should be noted: _____

In the event of an emergency, I wish the following person to be notified in case I cannot be contacted:

_____ Phone: _____

Medical Release

In the event of an accident or illness, I understand that reasonable effort will be made to contact the parent/guardian immediately. However, if I am not available, I authorize the Edmonds School District to secure emergency medical care as needed.

Name of Preferred Doctor: _____ Phone: _____

Medical Information

I understand that I am assuming financial responsibility for medical expenses that may arise from my child's participation and that the **Edmonds School District requires but does not provide medical insurance for my child.**

I certify that my child has current medical coverage under the following plan:

Health Insurance Carrier: _____

Plan Number (required): _____

All participants are required to have medical or student accident insurance. Student accident insurance is available through your school. Contact your school's main office, head coach, or school athletic trainer for information.

Although I understand that the Edmonds School District will make reasonable effort to provide a safe environment, I am fully aware of the special dangers and risks inherent in participating in this activity, including physical injury and/or death. Being fully aware of the risks, I hereby give permission for

_____ who attends _____ to
(student) (school)

Participate in the Mountlake Terrace High School Kids Cheer Clinic, February 6th, 2015 for the purpose of practicing fundamental cheer skills in order to enhance skill and performance level.