



Edmonds School District
Mountlake Terrace High School
Presents:



HAWKS YOUTH FOOTBALL CAMP



Tuesday June 30th & Wednesday July 1st from 6:00pm - 7:30pm
Instructors: Coaches from the Mountlake Terrace High school as well as MTHS varsity players.

AGES: 6-14

Where: Mountlake Terrace High School Turf Field (in back of school)

Cost: FREE

CAMP T-SHIRT WILL BE PROVIDED TO ALL CAMPERS

About the Camp: The camp will safely teach and emphasize the fundamentals of football. Special attention will be placed on proper blocking, tackling and position techniques. Athletes attending the camp will learn drills to improve strength, speed, and flexibility. Campers will learn the basic offensive and defensive schemes and philosophy of football. In addition, emphasis will be placed on the benefits of hard work, team unity and having fun while playing football.

Camp Director: Kelly Dougan - Head Coach Mountlake Terrace High School

*Any questions please call or email Coach Kelly Dougan
206-941-2220 Email: kdougan@seanet.com*

Please fill out the following information and Assumption of Risk page, and bring with you to the first day of camp. **REQUIRED** prior to entry of field.

Camper Name: _____

Camper/Parent Address: _____

Parent Phone: (home) _____ (cell) _____

Camper Grade entering 2015-2016: _____

Camper T-shirt size: _____



Assumption of Risk/Permission to Participate

As a parent or guardian of a student requesting to register for participation in the 2015 Mountlake Terrace High School Football Camp sponsored by the Edmonds School District, I hereby acknowledge that I have read, understood, and agree to the following:

- I acknowledge that football programs entail many risks of injury, even when played in an instructional clinic environment. These risks of injury include, but are not limited to, death, serious neck and spinal injuries (which may result in complete or partial paralysis), brain damage, serious injury to virtually all internal organs, bones, joints, ligaments, muscles, tendons, and other aspects of the muscular skeletal system and serious injury or impairment to other aspects of the body, general health, and well-being. _____ (Parent initials)
- I further certify that my child has no medical or physical conditions which could interfere with his/her safety in this activity, or else I am willing to assume and bear the costs of all risks that may be created, directly or indirectly, by any such condition. _____ (Parent initials)

Medical Information

The following special health problems should be noted: _____

In the event of an emergency, I wish the following person to be notified in case I cannot be contacted:

_____ Phone _____

Medical Release

In the event of an accident or illness, I understand that reasonable effort will be made to contact the parent/guardian immediately. However, if I am not available, I authorize the Edmonds School District to secure emergency medical care as needed.

Name of Preferred Doctor _____ Phone _____

Medical Insurance

I understand that I am assuming financial responsibility for medical expenses that may arise from my child's participation and that **the Edmonds School District requires but does not provide medical insurance for my child.** I certify that my child has current medical coverage under the following plan:

Health Insurance Carrier: _____ Plan Number (required): _____

All participants are required to have medical or student accident insurance. Student accident insurance is available through your school. Contact your school's main office, head coach, or school athletic trainer for information.

Although I understand that the Edmonds School District will make reasonable effort to provide a safe environment, I am fully aware of the special dangers and risks inherent in participating in this activity, including physical injury and/or death. Being fully aware of the risks, I hereby give permission for _____ who attends _____ to

(Student)

(School)

participate in the 2015 Hawks Youth Football Camp, June 30th & July 1st, for the purpose of learning fundamental football skills in order to enhance skill and performance level.

Parent/Guardian Name _____
(Please print)

Home Phone _____

Address _____

Cell Phone _____

Parent/Guardian Signature _____

Date _____